

# B'KIDULT

## *Early Learning & Wellbeing*

Now open for all ages throughout the year, JOALI BEING continues to expand experiences for sojourners. Focusing on the vital importance of early-stage learning and wellbeing, the retreat's expert team will introduce B'Kidult on 15th December 2023, a new zone for multi-generational play with specially curated offerings to inspire young hearts and minds.

A child's early years lay the foundation for the rest of their life. Childhood learning and wellbeing have a direct and enduring impact on the future, including educational attainments, career path, financial status, all-round health and civic engagement. Interwoven with the beauty and abundance of nature, the new zone at JOALI BEING showcases the incredible possibilities of playtime for learning and wellbeing. Experiences are deftly designed around the Four Pillars - the resort's unique approach to holistic wellbeing.

JOALI BEING





## EVENT CALENDAR / KIDS

| MONDAY   | TUESDAY  | WEDNESDAY  | THURSDAY  | FRIDAY  | SATURDAY  | SUNDAY   |
|--|--|--|---|---|---|--|
| <p><b>KIDS ANIMAL FLOW</b><br/>9:00 am – 9:30 am<br/>B'Kidult Pavilion</p> <p><b>SEMI SUBMARINE: A MIND IMMERSION INTO THE SEA</b><br/>10:00 am – 10:30 am<br/>Marine Centre<br/>6-12 years - USD 100<br/>&lt; 6 Years – Complimentary</p> <p><b>PRINTING ART</b><br/>11:00 am – 11:45 am<br/>B'Kidult Pavilion (3-6 years)</p> <p><b>MINDFUL “NICE” CREAM</b><br/>12:00 pm – 12:45 pm<br/>Culinary Learning Centre</p> <p><b>FISH MEMORY GAME</b><br/>3:00 pm – 3:45 pm<br/>B'Kidult Pavilion</p> <p><b>MUSICAL GAMES</b><br/>5:00 pm – 6:00 pm<br/>B'Kidult Pavilion<br/>(3-6 years)</p> | <p><b>KIDS FITNESS</b><br/>9:00 am – 9:30 am<br/>B'Kidult Pavilion</p> <p><b>MOCKTAIL MAKING</b><br/>10:00 am – 11:00 am<br/>B'Kidult Pavilion<br/>(3-6 years)</p> <p><b>FLUID ART</b><br/>11:00 am – 11:45 am<br/>Art House<br/>USD 90</p> <p><b>IMPORTANCE OF FRUITS &amp; VEGETABLE</b><br/>12:00 pm – 12:45 pm<br/>B'Kidult Pavilion<br/>(3-6 years)</p> <p><b>CORAL BINGO</b><br/>3:00 pm – 3:45 pm<br/>B'Kidult Pavilion</p> <p><b>OPEN CINEMA</b><br/>07:00 pm – 9:00 pm<br/>B'Kidult</p> | <p><b>YOUNG YOGI</b><br/>9:00 am – 09:30 am<br/>B'Kidult Pavilion</p> <p><b>LIP BALM MAKING</b><br/>10:00 am – 10:45 am<br/>B'Kidult Pavilion</p> <p><b>MARBLE ART</b><br/>11:00 am – 11:45 am<br/>B'Kidult Pavilion<br/>USD 65</p> <p><b>IMPORTANCE OF HEALTHY HABITS</b><br/>12:00 pm – 12:45 pm<br/>B'Kidult Pavilion<br/>(3-6 years)</p> <p><b>TRASH TO TREASURE ECO ART</b><br/>3:00 pm – 4:00 pm<br/>B'Kidult Pavilion</p> <p><b>MARINE SANDCASTLES</b><br/>5:00 pm – 6:00 pm<br/>B'Kidult Beach<br/>(3-6 years)</p> | <p><b>MORNING STRETCH</b><br/>9:00 am – 9:30 am<br/>B'Kidult Pavilion</p> <p><b>THE LAUGHING BOOCHA</b><br/>10:00 am – 11:00 am<br/>B'Kidult Pavilion<br/>(3-6 years)</p> <p><b>T-SHIRT PAINTING</b><br/>11:00 am – 11:45 am<br/>Art House<br/>USD 55</p> <p><b>COOKIE MAKING</b><br/>01:00 pm – 01:45 pm<br/>Culinary Learning Centre</p> <p><b>ISLAND TOUR</b><br/>4:00 pm – 4:45 pm<br/>B'Kidult</p> <p><b>SUNSET GATHERING</b><br/>5:30 pm – 6:30 pm<br/>MOJO Beach</p> | <p><b>KIDS QI GONG</b><br/>9:00 am – 9:30 am<br/>B'Kidult Pavilion</p> <p><b>HERBARIUM WORKSHOP</b><br/>10:00 am – 10:45 am<br/>B'Kidult Pavilion</p> <p><b>AIR DRY CLAY ART</b><br/>11:00 am – 11:45 am<br/>B'Kidult Pavilion</p> <p><b>ORGANIC GARDEN TOUR</b><br/>12:00 pm – 12:45 pm<br/>Culinary Learning Centre<br/>(3-6 years)</p> <p><b>GIANT PONG CHALLENGE</b><br/>3:00 pm – 4:00 pm<br/>B'Kidult Pavilion</p> <p><b>MINI FOOTBALL &amp; GAMES</b><br/>5:00 pm – 6:00 pm<br/>Multipurpose Court</p> | <p><b>KIDS PILATES</b><br/>9:00 am – 9:30 am<br/>B'Kidult Pavilion</p> <p><b>CRAFT SOAP MAKING</b><br/>10:00 am – 10:30 am<br/>B'Kidult Pavilion</p> <p><b>TOTE BAG PAINTING</b><br/>11:00 am – 11:45 am<br/>Art House<br/>USD 55</p> <p><b>FUN WITH FLOUR</b><br/>1:00 pm – 1:45 pm<br/>Culinary Learning Centre</p> <p><b>KIDS ZUMBA</b><br/>3:00 pm – 4:00 pm<br/>B'Kidult Pavilion</p> <p><b>JUNGLE OBSTACLE COURSE</b><br/>5:00 pm – 6:00 pm<br/>B'Kidult Pavilion</p> | <p><b>MEDITATIVE IMAGINATION</b><br/>9:00 am – 9:30 am<br/>B'Kidult Pavilion</p> <p><b>FACE PAINTING</b><br/>11:00 am – 11:45 am<br/>B'Kidult Pavilion</p> <p><b>MUFFIN DECORATION</b><br/>12:00 pm – 12:45 pm<br/>Culinary Learning Centre</p> <p><b>SEABOB</b><br/>2:30 am – 3:00 pm<br/>Marine Centre</p> <p><b>TOWEL ART</b><br/>3:00 pm – 4:00 pm<br/>B'Kidult Pavilion</p> <p><b>TREASURE HUNT</b><br/>5:00 pm – 6:00 pm<br/>B'Kidult Pavilion</p> |

*All prices are listed in USD and subject to 10 percent service charge and 16 percent government tax where applicable.  
Subject to weather conditions, and subject to change without prior notification. \* Advance bookings are required and reservations must be made one day in advance.  
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| MONDAY   | TUESDAY   | WEDNESDAY  | THURSDAY  | FRIDAY  | SATURDAY   | SUNDAY   |
|--|---|--|---|---|--|--|
| <p><b>MORNING YOGA</b><br/>9:00 am – 9:45 am<br/>Inspiration Room</p> <p><b>TABLE TENNIS</b><br/>10:00 am – 11:00 am<br/>B'Kidult Pavilion</p> <p><b>TRIAL DIVING</b><br/>11:00 am – 12:00 pm<br/>Marine Centre</p> <p><b>HANDMADE WIND CHIME MAKING</b><br/>3:00 pm – 4:00 pm<br/>Art House<br/>USD 120 (2 Days)</p> <p><b>SPIKE BALL</b><br/>4:00 pm – 5:00 pm<br/>Multipurpose Court</p> <p><b>TRADITIONAL SUNSET FISHING</b><br/>5:30 pm – 7:30 pm<br/>Marine Centre<br/>USD 175</p> | <p><b>SIMPLE MEDITATION</b><br/>9:00 am – 9:45 am<br/>Inspiration Room</p> <p><b>PETANQUE</b><br/>10:00 am – 11:00 am<br/>Multipurpose Court</p> <p><b>FLUID ART</b><br/>11:00 am – 11:45 am<br/>Art House<br/>USD 90</p> <p><b>RESIN ARTWORK</b><br/>2:00 pm – 3:00 pm<br/>Art House<br/>USD 90</p> <p><b>VOLLEYBALL</b><br/>3:30 pm – 4:30 pm<br/>Multipurpose Court</p> <p><b>SUNSET KAYAKING</b><br/>17:00 – 17:45<br/>B'Kidult</p> | <p><b>MORNING STRETCH</b><br/>9:00 am – 9:45 am<br/>Inspiration Room</p> <p><b>TUG OF WAR</b><br/>10:00 am – 11:00 am<br/>B'Kidult Pavilion</p> <p><b>COFFEE PAINTING ON CANVAS</b><br/>3:00 pm – 4:00 pm<br/>B'Kidult Pavilion</p> <p><b>NATURE SCAVENGER HUNT</b><br/>4:00 pm – 5:00 pm<br/>B'Kidult Pavilion</p> <p><b>TRADITIONAL SUNSET FISHING</b><br/>5:30 pm – 7:30 pm<br/>Marine Centre<br/>USD 175</p> | <p><b>MORNING WORKOUT</b><br/>9:00 am – 9:45 am<br/>Inspiration Room</p> <p><b>FREE TRIAL SCUBA DIVING SESSION</b><br/>10:00 am – 11:00 am<br/>Marine Centre<br/>Complimentary</p> <p><b>MURAKA ART</b><br/>3:00 pm – 4:00 pm<br/>Art House<br/>USD 150 (2 Days)</p> <p><b>DILEMA GIANT PUZZLES</b><br/>4:00 pm – 5:00 pm<br/>B'Kidult Pavilion</p> <p><b>SUNSET GATHERING</b><br/>5:30 pm – 6:30 pm<br/>MOJO Beach</p> | <p><b>MORNING YOGA</b><br/>9:00 am – 9:45 am<br/>Inspiration Room</p> <p><b>HERBARIUM WORKSHOP</b><br/>10:00 am – 10:45 am<br/>B'Kidult Pavilion</p> <p><b>RING TOSS</b><br/>11:00 am – 12:00 pm<br/>B'Kidult Pavilion</p> <p><b>CHARCOAL &amp; PENCIL ART</b><br/>3:00 pm – 4:00 pm<br/>B'Kidult Pavilion</p> <p><b>DOLPHIN CRUISE</b><br/>4:00 pm – 6:00 pm<br/>Marine Centre<br/>USD 140</p> <p><b>BEACH VOLLEYBALL</b><br/>5:00 pm – 6:00 pm<br/>B'Kidult Beach</p> | <p><b>MORNING STRETCH</b><br/>9:00 am – 9:30 am<br/>Inspiration Room</p> <p><b>SNORKELLING: A TURTLES JOURNEY</b><br/>10:00 am – 12:00 pm<br/>Marine Centre<br/>USD 175</p> <p><b>RECYCLING EDUCATION</b><br/>11:00 am – 12:00 pm<br/>B'Kidult Pavilion</p> <p><b>HEALING THROUGH FLUID ART</b><br/>3:00 pm – 4:00 pm<br/>Art House<br/>USD 90</p> <p><b>FOOTBALL &amp; GAMES</b><br/>4:00 pm – 5:00 pm<br/>Multipurpose Court</p> | <p><b>MORNING RUN</b><br/>9:00 am – 9:45 am<br/>B'Kidult</p> <p><b>GIANT PONG CHALLENGE</b><br/>10:00 am – 11:00 am<br/>Multipurpose Court</p> <p><b>TERRARIUM DESIGN</b><br/>12:00 pm – 1:00 pm<br/>B'Kidult Pavilion</p> <p><b>SEABOB</b><br/>2:30 pm – 3:00 pm<br/>Marine Centre</p> <p><b>BEACH GAMES</b><br/>4:00 pm – 5:00 pm<br/>B'Kidult Beach</p> <p><b>TREASURE HUNT</b><br/>5:00 pm – 6:00 pm<br/>B'Kidult Pavilion</p> |

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